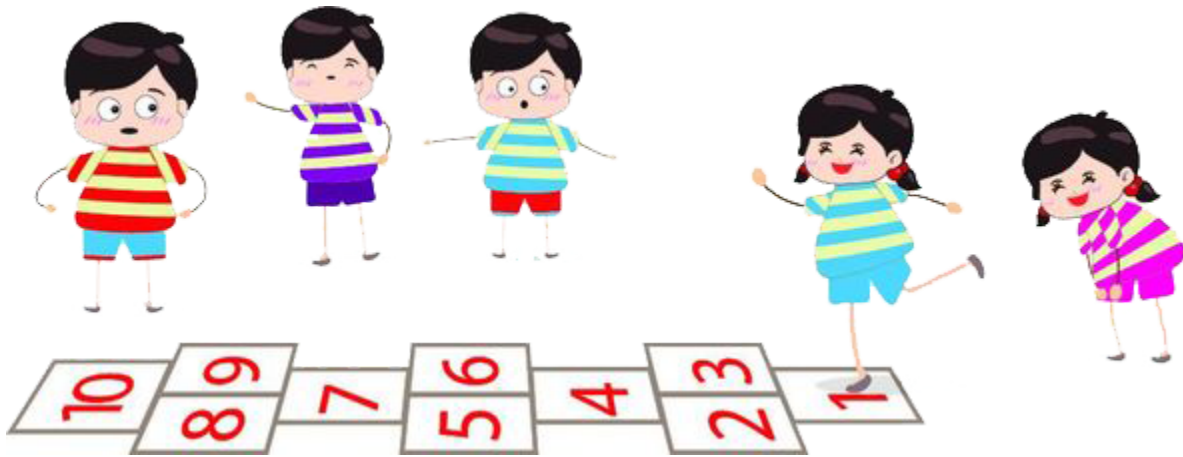


Garden Hopscotch Game



What you need:

- Chalk
- Bean Bag or a small object
- Space to play outdoor

Note: this game can be played in a small group

Rules of Hopscotch

- The First player throws the bean bag onto the first square. Then they hop over the bag on the way out and pick it up on the way back.
- Turn around and come back the same way only when the player gets to the square with their rock, the player must balance on one foot and pick up the bean bag.
- On double squares players must land with their feet side by side.
- On the way back to the start/finish line, pause at the square before the bag. Bend over and pick it up without moving his/her feet.
- Once the player's turn is complete, they pass the bag to the next player in line and go to the end of the line.
- If completed without mistakes then the player goes again and throws their bean bag to the 2 square and so on.
- If players step on a line, miss a square or bean bag, or lose their balance, their turn is over.

Directions:

1. Pick up a bean bag or small object which will be thrown to hopscotch.
2. Draw hopscotch as shown in the picture
3. Number the squares from 1 to 10
4. Explain the rules of play
5. Take turns and have fun!

How to increase difficulty:

- Increasing the number and/or size of squares of hopscotch
- Alternating foot for every hop
- Changing the shapes of hopscotch, i.e. drawing triangles instead of squares

How to decrease difficulty:

- Decreasing the number and/or size of squares of hopscotch
- Hopping through squares without picking up the toss
- Draw the hopscotch with your child

Activity retrieved from:

<https://www.playworks.org/resource/the-game-of-the-week-hopscotch/>