

# Rock Painting - Bugs!

Rock painting targets many skills in a fun and engaging way! This activity provides tactile sensory input by finding a rock within your environment, washing it off and painting it.

It also promotes a more functional and dynamic grasp pattern by painting a smaller surface area. Working on these skills supports development of fine motor skills and grasp!



## What you'll need:

- Rocks / Stones
- Paint markers / regular markers
- Soap and water
- Paper towels
- Piece of paper

## Directions:

1. Go on a walk to find a rock outside near your house / backyard.
2. Bring inside and wash off with soap and water. Dry completely with paper towels.
3. Draw sample bug design on a piece of paper with marker to reference when transferring design onto rock.
4. Copy your design onto the rock with paint markers or regular markers.

## Ways to increase difficulty:

- Have your child make a more detailed design on your rock that involves dynamic movement (polka dots, small lines, swirls, etc.)

## Ways to decrease difficulty:

- Have your child copy your bug design by breaking it down into one step at a time. Your child can imitate each step onto their rock as you draw it on a piece of paper for a visual demonstration.

Activity found at:

<https://paintedrocklife.com/index.php/2017/04/14/quick-guide-to-painting-rocks/>