

DIY Ocean Sensory Bag

What you'll need:

- Hair gel
- Blue food coloring (if desired)
- Glitter (any color / type of glitter works well)
- Ziploc bag
 - Gallon size preferred
- Sea animal toys
 - Make sure that your child is comfortable with leaving toys chosen inside the bag throughout the activity (take them out and wash when you discard the ziploc bag)
- Tape
 - Packing tape or duct tape if available



Directions:

1. Open Ziploc bag and add entire bottle of hair gel into bag.
2. Add food coloring directly into bag (3-4 drops to start and then additional if desired)
3. Add glitter directly into bag (3-4 shakes to start and then additional if desired)
4. Add sea animal toys directly into bag
5. Seal bag and add layer of tape around seal for additional precautions
6. Move items around inside bag to mix together all materials
7. Enjoy playing with your sensory bag!

Ways to increase difficulty:

- Have your child follow the written/visual instructions without help, as well as gather all materials/perform all of the steps of the activity independently.

Ways to decrease difficulty:

- Have all materials labeled and measured so your child can still perform the task with independence.

Activity found at: <https://kidsactivitiesblog.com/73966/ocean-sensory-bag>