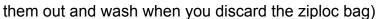
DIY Ocean Sensory Bag

What you'll need:

- Hair gel
- Blue food coloring (if desired)
- Glitter (any color / type of glitter works well)
- Ziploc bag
 - o Gallon size preferred
- Sea animal toys
 - Make sure that your child is comfortable with leaving toys chosen inside the bag throughout the activity (take





Packing tape or duct tape if available

Directions:

- 1. Open Ziploc bag and add entire bottle of hair gel into bag.
- 2. Add food coloring directly into bag (3-4 drops to start and then additional if desired)
- 3. Add glitter directly into bag (3-4 shakes to start and then additional if desired)
- 4. Add sea animal toys directly into bag
- 5. Seal bag and add layer of tape around seal for additional precautions
- 6. Move items around inside bag to mix together all materials
- 7. Enjoy playing with your sensory bag!

Ways to increase difficulty:

 Have your child follow the written/visual instructions without help, as well as gather all materials/perform all of the steps of the activity independently.

Ways to decrease difficulty:

 Have all materials labeled and measured so your child can still perform the task with independence.

Activity found at: https://kidsactivitiesblog.com/73966/ocean-sensory-bag