

# Benefits of Multi-Sensory Learning



## What is a multi-sensory learning approach?

- Multi-sensory learning incorporates 2 or more senses within the same activity. This learning approach helps to further engage children in the presented task. Using multi-sensory approaches provides children with more ways to connect with what they are learning.

## What are the benefits of multi-sensory learning?

- Multi-sensory learning supports:
  - Improved memory of the skill being taught
  - Better information collection
  - Making connections between new and old information
  - Ability to understand and work through problems
  - Increased engagement in learning

## Examples of multi-sensory activities for learning

- Using shaving cream or sand to practice letter formation
- Tapping out the sounds of a word
- Writing out words with playdoh
- Counting with fruit or nuts
- Sensory bag letter writing
- Bubble wrap letter pop
- Highlighting important information while studying

Information retrieved from:

<https://www.understood.org/en/school-learning/partnering-with-childs-school/instructional-strategies/multisensory-instruction-what-you-need-to-know>