

How to Advocate to a Doctor as a Caregiver

Are you having difficulty finding the right words when advocating for your loved one? Do you have trouble starting conversations regarding your loved one's healthcare concerns and you don't know where to begin? We are here to help!

We are now offering a free virtual class series on Making the Most of Your Doctor's Visit! The third and final class of this series will be centered on preparing for a doctor's appointment when you are advocating as a caregiver for a loved one.

Some Covered Points:


- Tips on how to advocate for yourself and your loved one
- Keys to a successful doctor's visit
- Practical ways to build trust and communication with doctors while decreasing barriers to care
- Organization strategies as a caregiver



Please come and join us for our class!

Register at SalusUhealth.com/OTIClassRegistration

Class Date and Time: Thursday, March 25th @ 7 p.m. - 8 p.m.

We look forward to seeing you virtually. Like us on  for updates on future class dates and times!

Please email OTI@salus.edu for more information and resources!